

TEAM

THINK EAT AND MOVE

Referral Form

Think, Eat and Move (TEAM) Program is an eight week, evidence based healthy lifestyle program for 13 to 17 year olds who are above a healthy weight.

The program is FREE for young people in the Central and Eastern Sydney area and includes online sessions, videos and activities, and regular phone coaching calls with a qualified health professional.

Fax: **1300 325 301** or Email: **info@betterhealthcompany.org**

Family Details

Parent/Carer name*: _____ Relationship to child: _____

Contact number*: _____ Email Address: _____

Home Address: _____ Postcode*: _____

Referral 1

Name*: _____ Date of Birth: _____

Gender _____ Height: _____ Weight: _____

Referral 2

Name*: _____ Date of Birth: _____

Gender _____ Height: _____ Weight: _____

Comments / other relevant information

Health Professionals Details

Please complete the details below, or provide a health professional's stamp of authority.

Referrer's name*: _____

Name of service/practice*: _____

Phone number: _____

* Notes mandatory field

Health Professional's stamp

For more information or to speak to a Referrals Coordinator please call

1300 899 736 or email info@betterhealthcompany.org

powered by:
betterhealth
company.org

Better Health Company is a health promoting organisation designing and delivering evidence based healthy lifestyle solutions.

The TEAM Program is funded by Central and Eastern Sydney PHN.