

TEAM

THINK EAT AND MOVE

Kids health
program

Referral Form

TEAM Kids is a free 10-week online healthy lifestyle program for 7- 13 year olds who are above a healthy weight and their families.

The program is evidence-based and has been designed by health professionals. It includes online activity sessions, weekly health coaching and practical resources to support families through the program.

For more information please call: **1300 736 899**.

Fax: **1300 325 301** or Email: **info@betterhealthcompany.org**

Family Details

Parent/Carer name*: _____ Relationship to child: _____
Contact number*: _____ Email Address: _____
Home Address: _____ Postcode*: _____

Referral 1

Name*: _____ Date of Birth: _____
Gender _____ Height: _____ Weight: _____

Referral 2

Name*: _____ Date of Birth: _____
Gender _____ Height: _____ Weight: _____

Comments / other relevant information

Health Professionals Details

Please complete the details below, or provide a health professional's stamp of authority.

Referrer's name*: _____
Name of service/practice*: _____
Phone number: _____
Email address: _____

* Notes mandatory field

Health Professional's stamp